

	START	KATA END	KUMITE START	END
6-9r	8:00	11:36	10:15	13:27
10-12r	11:30	15:27	13:42	18:42
13r	14:27	17:21	16:57	19:30
14-15r	14:06	18:45	18:30	20:51
16-17r	18:42	21:33	20:09	21:04
18-20r	8:48	11:30	12:36	13:39
21-35r	8:00	9:51	11:18	13:09
36+ M	14:09	15:39	16:03	16:27
36+ F	16:06	17:15	17:15	17:24
INCL	13:36			15:42
KOB	13:33			18:33